



Family Mental Health
Initiative

ART PSYCHOTHERAPY

Nicole Brickell, Art Therapist

BFA, DTATI (Thesis pending), (C)OACCPP

Art Psychotherapy involves helping children and adults become self-aware and deal with emotional and psychological issues through a collaborative process, utilizing simple art materials such as tempera paint, oil pastels, chalk pastels, markers, and clay. In this process, the art therapist facilitates the client's non-verbal and verbal expression and understanding of the thematic patterns emerging through the art.

The New Tecumseth Public Library

17 Victoria St., Alliston, ON

Monday, April 30, 2007

6:00pm - 8:00pm

Seats are limited, please phone to register

If you do not hear from us, assume your registration is accepted.

You will only be notified if the session is full and we cannot accommodate you.

1-800-324-3252